



**ACHARYA PATASHALA COLLEGE OF COMMERCE,
N R Colony, Bangalore-560019
Affiliated to Bangalore City University
NAAC Re-accredited 'B' Grade
www.apscommercecollege.ac.in**

A BRIEF REPORT ON STUDENT PARTICIPATION IN YOGA ACTIVITIES

ACADEMIC YEAR- 2018-19

- International yoga day was celebrated on 21st of June 2018-19 by ACHARYA PATHASALA Educational Trust in Acharya patasala playground to all the educational institution, where commerce college students actively participated.



- State level DASARA YOGA Competition was conducted by MYSORE DASARA MAHOTSAV on 14-10-2018. In Mysore, our commerce college students participated, and the participation certificate has been duly received.



Shanaldunnip

Principal
A.P.S. College of Commerce
N.R. Colony, Bangalore-560 019.

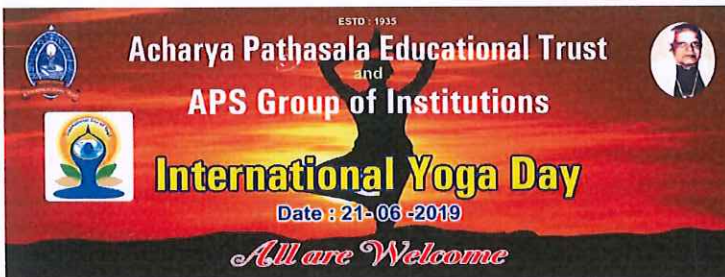


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A BRIEF REPORT ON STUDENT PARTICIPATION IN YOGA ACTIVITIES

ACADEMIC YEAR- 2019-20

- International yoga day was celebrated on 21st June 2019, organised by Acharya Patasala Educational Trust to all the educational institution of APSET All the trust members, institutional heads interested faculty members and students participated in the event.



- AYUSH DEPARTMENT OF KARNATAKA GOVERNMENT had organised "RATHSAPTHAMI YOGA UTSAV 2020" ON 02-02-2020 Sunday in front of VIDHANASOUDHA. As special invitee our yoga instructor was called upon and 6 students also took part in yoga events.

ಆಹ್ವಾನ

ರಾಜಶ್ರೀ ಯಶಸ್ಸು 2020

Special invitee

Chamatalkshmi
Yoga Teacher

SURYA MAHASKAR | YOGA PRADARSAN | SATSANG AND MORE...
02.02.2020 ಭಾನುವಾರ | ಸಮಯ: ಬೆಳಿಗ್ಗೆ 6.30 - 8.30

ಪ್ರಮುಖ ಅತಿಥಿ ಉಪಸ್ಥಿತರಾಗುವರು | ಉಪಹಾರ ಭಜನಕ್ಕೆ ಸಿದ್ಧರಾಗಿ | ಶಿಷ್ಯರೂ ಯೋಗ ಶಿಕ್ಷಾರ್ಥಿಗಳಾಗಿ ಭಾಗವಹಿಸಿ

ಶ್ರೀ ವಿಧಾನಸಭೆಯ ಮುಂಜಾನೆ, ಬೆಂಗಳೂರು.

ಆಯುಜ್ ಉಪಾಧಿಪತಿ
ಯೋಗಾಂಗಣಪುತ್ರ
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Shanalakshmi c-p

Principal
A.P.S. College of Commerce
N.R. Colony, Bangalore-560 019.

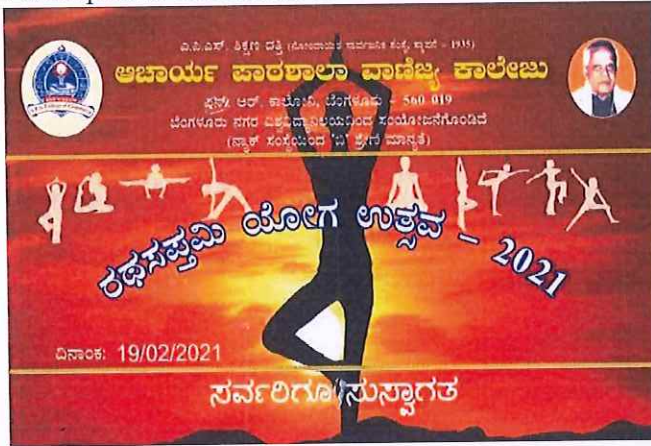


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A BRIEF REPORT ON STUDENT PARTICIPATION IN YOGA ACTIVITIES

ACADEMIC YEAR- 2020-21

- International yoga day was celebrated on 21st June 2020 on zoom platform the link was sent to students thru wats app group around 30 students took part along with principal and faculty members.
- RATHSAPTHAMIYOGA UTSAV 2021 was conducted on 19th of February 2021 in the college Quadrangle with 50 students took part in the event. A. Prakash. Joint secretary of APSET presided the event, Dr.B. Paramesh Director. Vice Principal and HOD of commerce addressed the students. Participation Certificate is issued to the students.



- GLOBAL WORLD RECORD Conducted yoga competition. VRUKSHASANA Attempt in association with WSS Sports academy on 23rd of January 2021, in KVV PUBLIC SCHOOL. 4 students from B.com received participation and Achievement certificate for 3 minutes /180 sec. Yogasana attempt was duly issued to the participants.



- YOGOTHSAVA 2021 was conducted on 26th, 27th, 28th March 2021, in ONLINE plat form organised by SHIVAJYOTHI YOGA KENDRA 15 students from commerce department participated and won YOGA KALANIDHI AWARD-2021 participation certificate is issued to students and the college team won the trophy.



Shanaleddi C.P.

S. Anny
Principal
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