

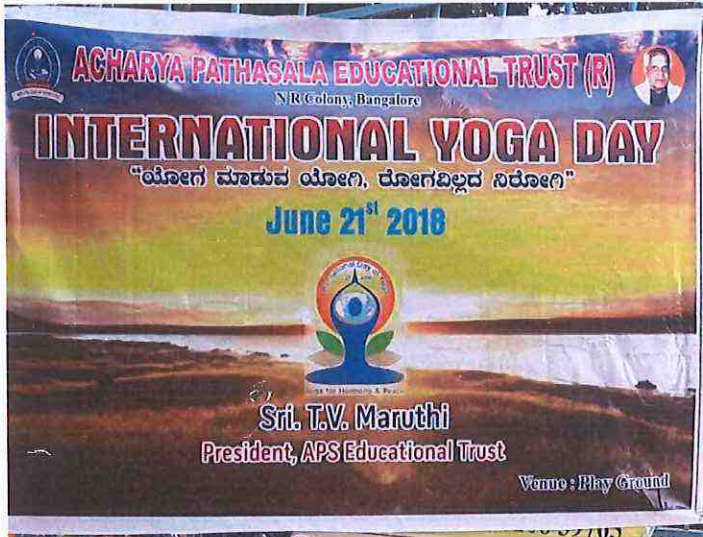


**ACHARYA PATASHALA COLLEGE OF COMMERCE,  
N R Colony, Bangalore-560019**  
Affiliated to Bangalore City University  
NAAC Re-accredited 'B' Grade  
[www.apscommercecollege.ac.in](http://www.apscommercecollege.ac.in)

**A BRIEF REPORT ON STUDENT PARTICIPATION IN YOGA ACTIVITIES**

**ACADEMIC YEAR- 2018-19**

- International yoga day was celebrated on 21<sup>st</sup> of June 2018-19 by ACHARYA PATHASALA Educational Trust in Acharya patasala playground to all the educational institution, where commerce college students actively participated.





- State level DASARA YOGA Competition was conducted by MYSORE DASARA MAHOTSAV on 14-10-2018. In Mysore, our commerce college students participated, and the participation certificate has been duly received.



*Shanaldunnip*

Principal  
A.P.S. College of Commerce  
N.R. Colony, Bangalore-560 019.

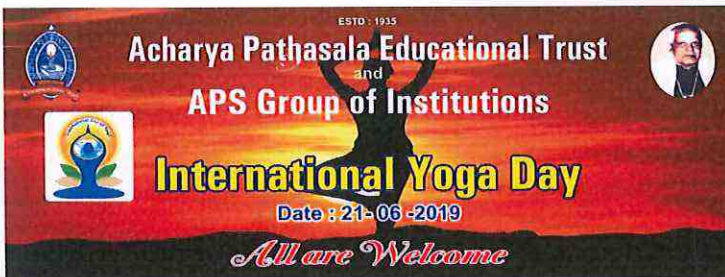


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## A BRIEF REPORT ON STUDENT PARTICIPATION IN YOGA ACTIVITIES

### ACADEMIC YEAR- 2019-20

- International yoga day was celebrated on 21<sup>st</sup> June 2019, organised by Acharya Patasala Educational Trust to all the educational institution of APSET All the trust members, institutional heads interested faculty members and students participated in the event.



- AYUSH DEPARTMENT OF KARNATAKA GOVERNMENT had organised "RATHSAPTHAMI YOGA UTSAV 2020" ON 02-02-2020 Sunday in front of VIDHANASOUDHA. As special invitee our yoga instructor was called upon and 6 students also took part in yoga events.



**ಆಹ್ವಾನ**

**ರಕ್ಷಾಶಷ್ಟಮಿ ಪ್ರಾದರ್ಶನ 2020**

Special invitee

**Channalekshmi**  
Yoga Teacher

**SURYA MAHASKAR | YOGA PRADARSAN | SATSANG AND MORE...**  
 02.02.2020 ಭಾನುವಾರ | ಸಮಯ: ಬೆಳಿಗ್ಗೆ 6.30 - 8.30

ಪ್ರವೇಶ ಶುಲ್ಕ ರಹಿತವಾಗಿದೆ | ಉಪಹಾರ ಸ್ವಲ್ಪ ಶುಲ್ಕದಲ್ಲಿದೆ | ಶುಭ್ವಿಧಿ ಯೋಗ ಶಿಕ್ಷಣ ವಹಿವಾಟು

**ಶ್ರೀ ವಿಧಾನಸಭೆ ಮುಖ್ಯಾಂಗ, ಬೆಂಗಳೂರು**

ಆಯೋಜಿಸುತ್ತಿರುವುದು: ಅಧ್ಯಾಪಕರು, ಅಧ್ಯಾಪಕಿಣ್ಣರು, ಯೋಗಪ್ರಾದರ್ಶನಿಣ್ಣರು  
 ಸಂಸ್ಥೆ: ಅಧ್ಯಾಪಕರು, ಅಧ್ಯಾಪಕಿಣ್ಣರು  
 ಸಂಖ್ಯೆ: 020  
 Mobile: 9884644108



*Channalekshmi c-p*

*Principal*  
 A.P.S. College of Commerce  
 N.R. Colony, Bangalore-560 019.



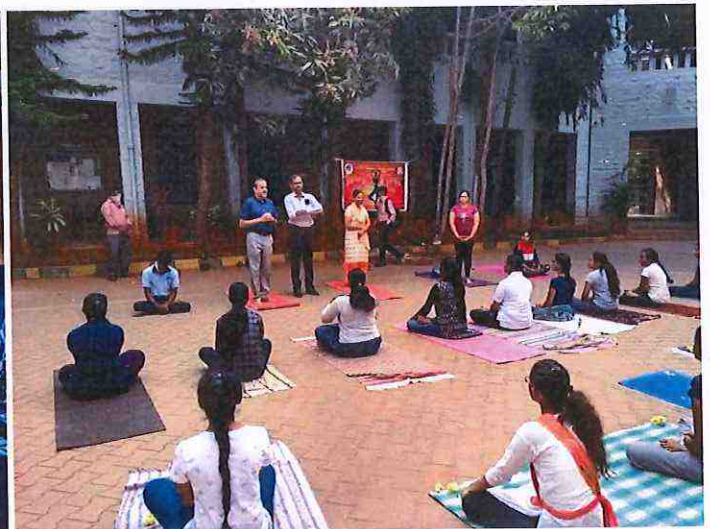
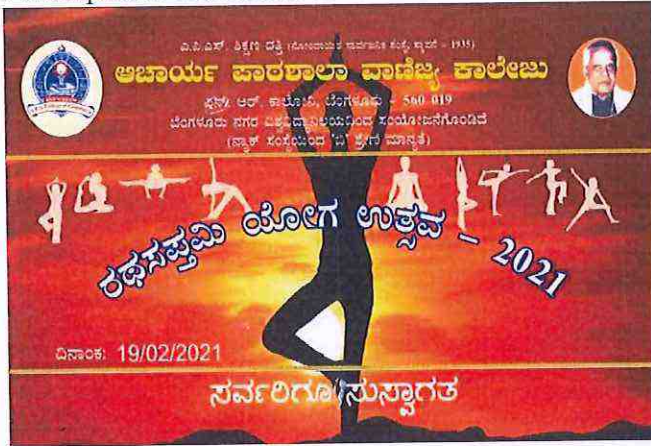


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**A BRIEF REPORT ON STUDENT PARTICIPATION IN YOGA ACTIVITIES**

**ACADEMIC YEAR- 2020-21**

- International yoga day was celebrated on 21<sup>st</sup> June 2020 on zoom platform the link was sent to students thru wats app group around 30 students took part along with principal and faculty members.
- RATHSAPTHAMIYOGA UTSAV 2021 was conducted on 19<sup>th</sup> of February 2021 in the college Quadrangle with 50 students took part in the event. A. Prakash, Joint secretary of APSET presided the event, Dr.B. Paramesh Director, Vice Principal and HOD of commerce addressed the students. Participation Certificate is issued to the students.





- GLOBAL WORLD RECORD Conducted yoga competition. VRUKSHASANA Attempt in association with WSS Sports academy on 23<sup>rd</sup> of January 2021, in KVV PUBLIC SCHOOL. 4 students from B.com received participation and Achievement certificate for 3 minutes /180 sec. Yogasana attempt was duly issued to the participants.



- YOGOTHSAVA 2021 was conducted on 26<sup>th</sup>, 27<sup>th</sup>, 28<sup>th</sup> March 2021, in ONLINE plat form organised by SHIVAJYOTHI YOGA KENDRA 15 students from commerce department participated and won YOGA KALANIDHI AWARD-2021 participation certificate is issued to students and the college team won the trophy.



*Shanaleddi C.P.*

*S. Anny*  
Principal  
A.P.S. College of Commerce  
N.R. Colony, Bangalore-560 019.